

THE NEWSLETTER  
of the  
EAST MIDLANDS ORIENTEERING ASSOCIATION

WINTER 2017



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## EMEWS

EMEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee.

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<b>Development Co-ordinator</b>		

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#### Other Committee Roles

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<b>President</b>	John Woodall	<a href="mailto:woodallja@ntlworld.com">woodallja@ntlworld.com</a>

East Midlands website: [www.emoa.org.uk](http://www.emoa.org.uk)

Copy Date for next issue: **7<sup>th</sup> February 2018 for next EMEWS**. Contributions are always welcome but especially by e-mail ([mikegardvo@sky.com](mailto:mikegardvo@sky.com)).

Cover - A cover as usual from Ernie about the Shirebrooke event. Ernie himself had trouble crossing at least one fence and had to be helped across. He then assisted a lady to cross another fence and she called him her knight in shining armour!

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### Report on East Midlands Meeting - 20<sup>th</sup> November 2017

**Constitution Update** - At the AGM there was a change to the constitution to point to the British Orienteering O-safe policy. The updated constitution is now available on the EMOA website at [constitution link](#).

**L2 Coaching Course** - It was agreed at the meeting that we would fund 2 attendees to support their work with the Junior Squad.

**Development Role** - No one had taken on the Development role at the AGM (if anyone has any ideas for folk who could do so, please ask them to put their name forward).

**New Level A Controller** - British Orienteering ran a Level A Controller's course recently and EMOA had one candidate on it, Roger Edwards. EMOA need to formally nominate Roger to become a Level A Controller, and the committee agreed unanimously to do this.

**Controllers** - There is a shortage of controllers in the region. If anyone would like to put themselves forward as a controller please do so.

**Junior Squad** - Anne-Marie Duckworth reported that Anthony Squires and herself had taken over from Dai Bedwell at the start of the autumn 2017 series. They wanted it recognised by EMOA how much effort Dai had put into organising, training and transporting our juniors to special training days and competitions over many years. The committee seconded those thoughts. See Anne-Marie's detailed Junior Squad Report in this EMEWS.

#### Future Events:

- (i) **25 Feb 2018 - Yvette Baker Trophy** - LEI - Cademan
- (ii) **18 March 2018 - Midland Champs 2018** - LEI - Belvoir (all going well)
- (iii) **29/30 Sep 2018 - JIRCS 2018** - DVO - Chatsworth / Carsington - budget being finalised
- (iv) **30 Sep 2018 - East Midlands Score Champs** - DVO - Carsington
- (v) **16 Dec 2018 - East Midlands Champs** - NOC - Dukeries
- (vi) **17 March 2019 - CompassSport Cup Heat** - NOC - Sherwood Pines
- (vii) **14/15 Sep 2019 - British Sprints / Middle 2019** - LEI / DVO - Loughborough / Chinley Churn
- (viii) **8 Dec 2019 - East Midlands Champs** - LOG - Grimsthorpe
- (ix) **11 Feb 2020 - Midland Champs 2020** - DVO - Shining Cliff

#### Future Possible Events

- (i) **2020 Junior Home Internationals?**
- (ii) **CompassSport Cup Final 2021?** (Note: not sure we could do this in same year as British)
- (iii) **British / British Relays 2021** - Still under discussion as to location.
- (iv) **Midland Champs 2022** - NOC

**Dates and venues for future meetings** - All meetings to be held at the Pace Room, St Mary's Church, Clifton Village, Nottinghamshire at 7.30 p.m. The next committee meeting is scheduled



for Monday January 29<sup>th</sup> 2018. The following meeting will be Monday 9<sup>th</sup> April 2018. All members are welcome to attend if they wish.

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### **EMJOS Summary - November 2017**

Anthony and I have taken over from Dai Bedwell at the start of the autumn 2017 season.

We both would like it recognised by the EMOA how much effort and time Dai has put into organising, training and transporting our juniors to special training days and competitions over many years. He will be continuing to be involved as one of our experienced Level 2.

Anthony Squire's (NOC) role will be to focus on the athlete development and the training schedule through the year.

My role is more administration - interfacing with the juniors, parents, Club/EM officials, JROS and competition organisers etc, as well as Level 1 coaching.

Ant will be working for his Level 2 qualification in the new year on the next EM coaching course.

We are and will be working with other coaches in the region to expand the network of people working with our junior talent and to delegate the work load for training sessions.

#### **Training Schedule:**

Looking backwards over the last few months the junior events have been:

**12<sup>th</sup> Nov 2017 at Bradgate** - an afternoon session concentrating on contour interpretation for 14 juniors. With athletes abilities ranging from good orange/light green up to TD5 champions, the multiple short loops with coaches shadowing or leading the exercises worked well. Ant developed the exercises, which were mentored by Dai Bedwell and Julie Ferris, both of whom were present on the day.

3 new "rising" standard orienteers joined us for the session. The feedback was they enjoyed the session and would come again.

**15<sup>th</sup> Oct 2017 Burrough Hill** - after running a colour coded course (LEI event) the 12 athletes were asked to think about and understand what skills are in their Orienteering Toolbox and assess strengths/development areas for these skills. This session saw the **Training Folder** introduced by Ant.

Each athlete has a folder and at each training session they will have session planners/feedback forms, on which they record their thoughts, progress or ideas.

The open area of the ancient fort allowed for practice with setting bearings, interpretation of contours, fine corridor navigation and distance judgement.

There was one new athlete join the squad.

#### **Previously reported:**

Saturday 2nd September with West Midland Squad at Dudmaston (Bridgenorth)

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Saturday 8th July LEI's Cademan Woods

Saturday May 28th Bramcote Hills (Nottingham)

Saturday April 1st Lincoln South Common

Weekend 4<sup>th</sup> & 5<sup>th</sup> March with Ulvaston School, Lakes training event (Great Tower accommodation).

### **Looking forward:**

Ant provided the complete squad (paper copies and email) a spreadsheet that summarised our ideas for training sessions in the coming months in the context of major competitions and junior selection races.

The "O Planner" highlights where we may have local East Midland training sessions or look to combine efforts with other regional squads (previous good partnerships have included YHOA, WMOA and WOA squads) or go away for weekends including a major event.

### **Confirmed training session:**

**Weekend 16th & 17th December** Training with South Central Juniors (SCJS) and running the selection race (Interland) on Ash Ranges.

There are 11 athletes signed up to go early on Saturday in a minibus to Mychette, for an afternoon training session run by Sarah Rollins and Fiona Bunn, with SN and EM coaches assisting.

We will be travelling by minibus, staying over night in a scout hut in Woking Park with SCJS. Evening events will include swimming, supper, a technical session and a small run in the Park. The squads will provide breakfast, before competing in the Ash Ranges National event.

### **Competition Results:**

**2017 JIRCS** South East - the Surrey Hills near Guildford: EMJOS's result 5<sup>th</sup> overall equals our best result for a number of years. This was due to coming 5<sup>th</sup> place after the individual day and 7<sup>th</sup> on the relay day.

Notable results:

M14: 5<sup>th</sup> Charlie Rennie, 23<sup>rd</sup> Ben Hardy and 25<sup>th</sup> Toby Williams

M16: 14<sup>th</sup> Jamie Lowthian, 22 Ethan Tebbutt

M18: 5<sup>th</sup> Finn Lydon, 20<sup>th</sup> Nick Wilson

W14: 1<sup>st</sup> Rachel Duckworth, 20<sup>th</sup> Libby Barber

W16: 5<sup>th</sup> Sarah Duckworth, 22<sup>nd</sup> Grace Pennell

W18: 15<sup>th</sup> Imogen Wilson, 20<sup>th</sup> Anna Barber, 24<sup>th</sup> Jessica Dring-Morris

Relay: Boys teams 11<sup>th</sup> and 14<sup>th</sup>; Girls team 20<sup>th</sup>; Ad Hoc team 3<sup>rd</sup>.

**JROS 2017 Tours and training:**

Lagganlia (M/W14): Rachel Duckworth (DVO) and Charlie Rennie (LEI)

Deeside (M/W16) no one.

Stockholm (M/W17) Sarah Duckworth (DVO)

Göteborg (M/W18) Finn Lydon (LEI)

Hawkshead (M/W16) Ethan Tebbutt (LEI), Sarah Duckworth (DVO) and Jamie Lowthian (LEI)

### **EMOA Financial Assistance:**

It is recognised and appreciated by the coaches and parents that the EMOA continues to fund the junior squad team entries (JIRCS and Hawkshead).

Ann-Marie Duckworth (EMJOS Coordinator) - November 2017

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## **National Forest Report**

The National Forest Company now has a new structure in its new more independent form. Sam Lattaway rather than one of the directors will chair the Access & Recreation Group in future and he has always been a strong supporter of orienteering and is an honorary member of LEI

The Charnwood Forest makes up a large part of the National Forest and includes many of its best orienteering areas. I serve as a board member on its Landscape Partnership and we have just been successful in a grant bid to the Heritage Lottery Fund (HLF) for initial support through its Landscape Partnership (LP) programme. This is the result of two years' hard work but we now have to put flesh on the bones of the constituent projects before we can draw down the balance of the funds so the work will only intensify.

We have a quarter of a million pounds to fund development work to then justify the balance of the funds for this £3.9 million pound project. This money is ring-fenced for us and we would have made a very serious mess of things not to eventually receive it

Charnwood Forest's unique landscape erupted out of a volcano in the oceans near the South Pole 600 million years ago leaving a landscape defined by granite-topped hills, wooded valleys, heathlands and grasslands.

Our Landscape Partnership project aims to raise the profile of Charnwood Forest as a surprising outpost of upland England in lowland Leicestershire. Amongst the key parts of the project is to improve links and connectivity between various sites which could open up new orienteering opportunities. It will help people to explore Charnwood by investing in the 'honey-pot' sites of Beacon Hill, Bradgate Park and the Outwoods and improving the network of footpaths, bridleways and cycle routes that link them and some neighbouring tender schemes.

We will now have funding for an 18-month development phase, during which we will be gathering key information and pulling together the detail of the projects that will form the basis of the five-year Landscape Partnership.

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On other issues within the National Forest, the Woodland Trust is in the final stages of negotiations to purchase a sizeable block of land which should eventually offer some orienteering potential. Due to commercial sensitivities the exact location is not disclosed as yet but I am guessing South Derbyshire

The NF have appointed an Access & Recreation Officer to push their agenda which for the next few years is to encourage visits to and the use of the forest areas. I have made overtures to this new lady who is very experienced in the field and can only see this as another good omen for the sport going forward.

Roy Denney

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### Course Planning

For all EMOA Club members who are thinking of taking up Course (not Coarse!) Planning for 'O' Events, together with those who have already been bitten by the 'Planning Bug', the 25 page pdf document, produced by Hilary Quick of SOA, is recommended reading and is available to download from the British Orienteering Resource Library in the section on 'Planning':

[https://www.britishorienteering.org.uk/organiser\\_library](https://www.britishorienteering.org.uk/organiser_library)

Also available in the same section of the National web site is a link to:

Appendix B 'Course Planning' together with an excellent series of articles by Barry Elkington of OD:

- [Advice on planning white courses](#)
- [Advice on planning yellow courses](#)
- [Advice on planning orange courses](#)
- [Advice on planning light green courses](#)
- [Advice on planning green-black courses](#)

Ernie Williams (LEI Technical Adviser)

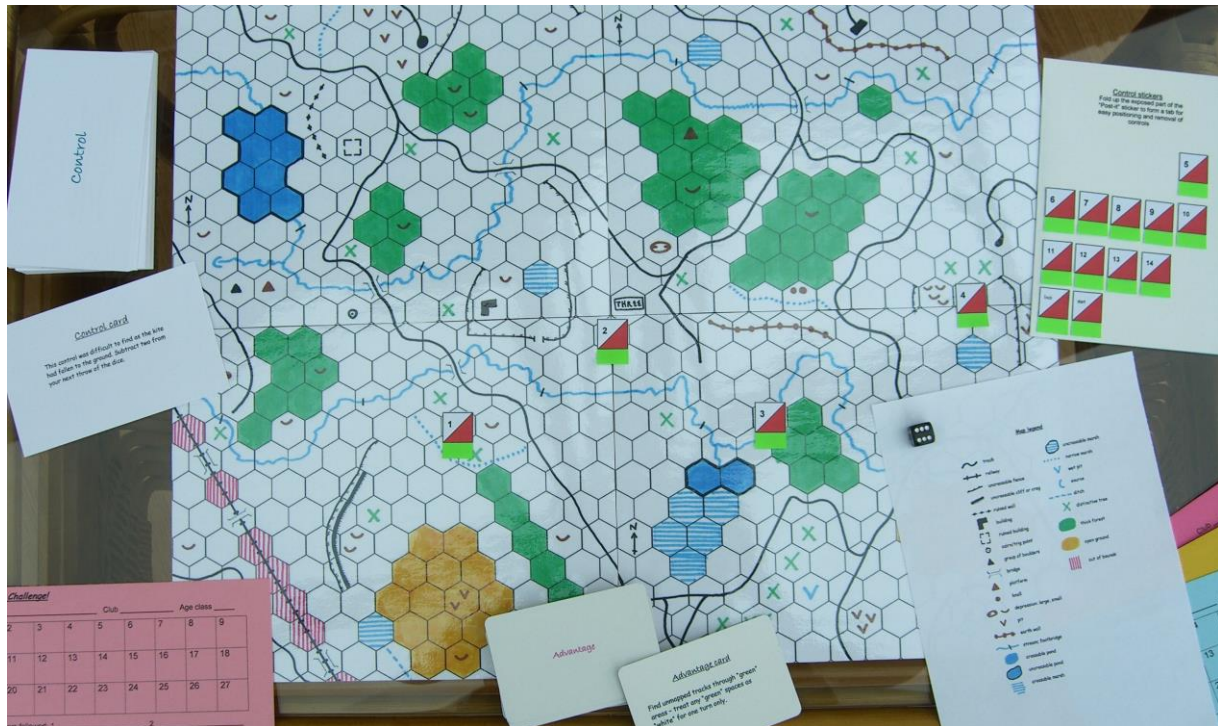
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## Forest Challenge!

*The orienteering board game for 2-6 players from  
North Gloucestershire Orienteering Club*



- ✓ The game includes everything you need - laminated map, kites, punch cards, "Control" cards, "Advantage" cards, instructions, dice, tokens etc.;
- ✓ Design a different course each time you play by using the moveable control stickers;
- ✓ The map sections can be fitted together in different combinations for more variety;
- ✓ Choose score or line orienteering;
- ✓ Add even more variety by drawing your favourite terrain on the blank map grids supplied.

**General idea of the game.** Each player takes it in turn to throw the dice and move his token between controls, choosing his own route as in real orienteering. On reaching a control a player takes a Control card and follows its instructions. During the game players can use their Advantage cards in conjunction with their dice throw to help them get ahead of, or catch up, other players. The winner is the first player to reach the finish line. *The use of moveable control stickers means that you can run a different course every game!*

Cost of the game is £11-00 (including postage) from Alan Brown, 10 Brizen Lane, Cheltenham, GL53 0NG. Cheques payable to NGOC (or pay by PayPal or bank transfer). Email Alan Brown for further information at [alan@brizen.co.uk](mailto:alan@brizen.co.uk)

### **Coaching day in the Lakes**

The Orienteering Foundation is pleased to announce that we have arranged a coaching day on Saturday 10 February 2018. The day will be held in the South Lakes (exact venue TBC) and will run from 10:00 to 15:00. Participants can be of any standard other than absolute beginners.

As well as the individual coaching (which will be restricted to participants age 18+), Clubs may also organise their own coaching (which can include juniors) using the controls set out, provided they take full responsibility for their groups and use appropriately qualified coaches.

You can make it a weekend of orienteering and practise what you've learned by participating in the LOC orienteering event at Black Beck (TBC) on Sunday 11 February.

Don't delay in getting your place as numbers are limited for safety and to ensure a good in-forest experience.

Full details and how to register are on the Orienteering Foundation website at <https://www.orienteeringfoundation.org.uk/orienteering-foundation-coaching-day>

Neil Cameron (Chair, Orienteering Foundation)

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### **Orienteering Foundation report**

The Foundation now has an up to date web site, <https://www.orienteeringfoundation.org.uk/>

Facebook page <https://www.facebook.com/orienteeringfoundation/>

Twitter <https://twitter.com/oingfoundation>

Please sign up if you would like to keep up to date with donations, grants or developments of the OF.

Latest news.

- The OF supported the My Donate fund raising for the GB squad, with the gift aid they raised over £10,000, well over their original target.
- A donation of over £3000 was given by SEOA, from some of the profits of the JK.
- The OF are organising an Adult Coaching day, 10<sup>th</sup> February in the Lake District, individuals and clubs are welcome to attend. Details already circulated, but more can be found <https://www.orienteeringfoundation.org.uk/orienteering-foundation-coaching-day>
- In the last round of grants MAROC received help for a training camp for the 15-17 yr olds. Full list here. <https://www.orienteeringfoundation.org.uk/projects-funded>
- A previous grant to Open Mapping version 3 has helped that web site be updated, more details here. <https://www.orienteeringfoundation.org.uk/openorienteeringmap-version-3-now-available>

Pauline Olivant (Trustee Orienteering Foundation)

## East Midlands Urban League 2017

The EM Urban League for 2017 is now well under way with 7 events completed. The scoring is the best 4 out of 8 events to count.

1	DVO	Belper	02-Jan	
2	NOC	The Meadows	17-Jun	
3	LEI	Loughborough University	18-Jun	
4	LOG	Lincoln	20-Aug	
5	LOG	Stamford	08-Oct	
6	DVO	Chesterfield	22-Oct	
7	LEI	Shepshed	12-Nov	
8	NOC	Nottingham	03-Dec	



The detailed urban league status is available on the EMOA website at <http://www.oxfordfusion.com/ukul/index.cfm?Org=7&Test=0>

The current 2017 standings after 5 events are:

### Junior Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
1	Jake O'Donnell	M12	DVO	<b>384/4</b>	93		91			100	100
2	Charlie Rennie	M14	LEI	<b>296/3</b>	96	100	100				
3	Ben O'Donnell	M14	DVO	<b>274/3</b>			90			93	91
4	Benjamin Squire	M14	NOC	<b>189/2</b>		93					96
5	Ben Hardy	M14	LEI	<b>187/2</b>	91		96				
6	James Lowthian	M16	NOC	<b>186/2</b>	90	96					
7	Samuel Davis	M16	DVO	<b>180/2</b>	89					91	
8	Michael May	M4	LOG	<b>100/1</b>				100			
9=	Oscar Wilkinson	M14	LEI	<b>93/1</b>							93
9=	Ben Mather	M14	LOG	<b>93/2</b>			93		0		

### Junior Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
1	Hannah Mather	W12	LOG	<b>287/3</b>			91		100		96
2	Sophie Vincent	W14	DVO	<b>284/3</b>	91		100	93			
3	Rachel Duckworth	W14	DVO	<b>200/2</b>	100			100			
4	Sarah Duckworth	W16	DVO	<b>196/2</b>	96						100
5	Reed Lydon	W16	LEI	<b>93/1</b>			93				

### Open Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
1	Craig Lucas	M20	LOG	<b>350/4</b>			84		89	90	87
2	Alan Le Moigne	M40	DVO	<b>350/4</b>		88	0	87		89	86
3	William Parkinson	M21	NOC	<b>347/4</b>	83	89		85	90		

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4	Mark Webster	M50	NOC	<b>327/4</b>	75			83		86	83
5	Richard Robinson	M35	NOC	<b>296/4</b>	96	100	0	100			
6	Liam Harrington	M21	LOG	<b>280/3</b>	87			93	100		
7	Lee Hartill	M21	LOG	<b>274/3</b>				89	96		89
8	Andy Glover	M35	LEI	<b>273/3</b>			90	90		93	
9	John Mather	M45	LOG	<b>267/3</b>					91	91	85
10	Mike Chapman	M35	LOG	<b>247/3</b>	71			88			88

## Open Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
1	Sal Chaffey	W50	DVO	<b>387/4</b>		96	100		91	100	
2	Liz Heaton	W35	LEI	<b>380/4</b>	90	100	91		93	96	
3	Andrea Page	W40	LOG	<b>366/4</b>	87			96	90		93
4	Tracey Brookes	W50	LEI	<b>360/4</b>	85		85	91	88		96
5	Jessica Dring-Morris	W18	LEI	<b>261/3</b>	84		88		89		
6	Holly Haywood	W21	LOG	<b>196/2</b>				100	96		
7	Ashleigh Howells	W18	LEI	<b>185/2</b>	92		93				
8	Imogen Wilson	W18	LEI	<b>174/2</b>	88		86				
9	Sally Calland	W40	DVO	<b>100/1</b>					100		
10	Nicola Hart	W55	DVO	<b>90/1</b>						90	

## Veteran Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
1	Francesco Lari	M50	DVO	<b>382/4</b>	90		96	100			96
2	Richard Naish	M50	DVO	<b>351/4</b>	70.5	86		0	91	83	91
3	Paul Goodhead	M50	DVO	<b>338/4</b>			80		88	80	90
4	Andrew Selby	M40	DVO	<b>330/4</b>	67	84		87	85	74	
5	Alastair Paterson	M50	LEI	<b>322/4</b>	72		84	88		78	
6	Iain Phillips	M50	LEI	<b>314/4</b>	66	85			83		80
7	Paul Murgatroyd	M50	LOG	<b>289/3</b>	93				100	96	
8	Jamie Rennie	M45	LEI	<b>278/3</b>	87	100	91				
9	Dave Chaffey	M50	DVO	<b>262/3</b>			86		90	86	
10	James Prince	M45	DVO	<b>246/3</b>	75					82	89

## Veteran Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
1	Tanya Taylor	W45	LOG	<b>400/4</b>	100	100	96	100	100		100
2	Helen Parkinson	W50	NOC	<b>371/4</b>	91	91	0	89	96		93
3	Alison Hardy	W50	LEI	<b>363/4</b>	89		93	91			90
4	Jane Dring-Morris	W45	LEI	<b>350/4</b>	75		86		89	87	88
5	Clare Hanna	W50	LOG	<b>350/4</b>				88	88	88	86
6	Claire Selby	W45	DVO	<b>344/4</b>	77	89		87	91		
7	Julie Webster	W50	NOC	<b>331/4</b>	74			85		85	87

## EMEWS

8	Helen Chiswell	W40	DVO	<b>184/2</b>		96	88				
9	Caroline Howells	W40	DVO	<b>176/2</b>	86	90					
10	Amanda Price	W50	DVO	<b>172/2</b>	82					90	

### Supervet Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
1	Andrew Ridgeway	M55	NOC	<b>392/4</b>		96	90	100	96	81	100
2	David Vincent	M55	DVO	<b>370/4</b>	93	88	88	93			96
3	Paul Morris	M60	NOC	<b>360/4</b>	85	91		91	93	84	
4	Mike Gardner	M55	DVO	<b>350/4</b>	71	90	87	86	87		84
5	Robert Parkinson	M60	NOC	<b>344/4</b>	81		0	90	89		88
6	John Hurley	M60	DVO	<b>339/4</b>		86	84			83	86
7	Martin Wheller	M60	LOG	<b>329/4</b>			83	82	83	79	81
8	David Booker	M60	NOC	<b>321/4</b>	77			81		80	83
9	Andy Portsmouth	M60	LEI	<b>306/4</b>	63		79	78	80	69	
10	Michael Napier	M60	NOC	<b>278/3</b>		89	96				93

### Supervet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
1	Amanda Roberts	W60	LOG	<b>400/4</b>	96	100	100	100	100	100	100
2	Ruth Ellis	W65	DVO	<b>371/4</b>	77	93	93	89	96	89	89
3	Maureen Webb	W60	LEI	<b>357/4</b>	71		90	87	93	85	87
4	Jane Booker	W60	NOC	<b>345/4</b>	76			91		87	91
5	Trudy Crosby	W55	LOG	<b>270/3</b>			91	88	91		
6	Kim Buxton	W55	DVO	<b>256/3</b>	78					88	90
7	Val Johnson	W55	DVO	<b>186/2</b>	93					93	
8	Anne Kimberley	W55	DVO	<b>156/2</b>	70					86	
9	Sue Russell	W55	DVO	<b>90/1</b>						90	
10	Ursula Williamson	W55	LEI	<b>84/1</b>	84						

### Ultravet Men

	Name		Club	Best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
1	Doug Dickinson	M70	DVO	<b>382/4</b>		100	90		96	96	90
2	Robert Haskins	M65	LEI	<b>365.5/4</b>	81	93	96	88.5		80	88
3	Ian Parfitt	M65	DVO	<b>358/4</b>	88	88		96	86	84	
4	Rex Bleakman	M70	DVO	<b>351/4</b>	74	89	86			87	89
5	Kevin Gallagher	M65	LEI	<b>347/4</b>	83	87	85	87	87	86	86
6	Derek Gale	M70	DVO	<b>343.5/4</b>		90	77	88.5	88	71	
7	Roger Edwards	M65	LEI	<b>341/4</b>	82	91		85		78	82
8	John Marriott	M65	LEI	<b>340/4</b>		83		91		82	84
9	Simon Ford	M70	LEI	<b>328/4</b>		84	80			79	85
10	John Palmer	M70	NOC	<b>318/4</b>		85	74	81	78		

### Ultravet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
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## EMEWS

1	Liz Godfree	W65	DVO	<b>400/4</b>	100	96	100		100	100	
2	Hilary Palmer	W70	NOC	<b>392/5</b>	96	100	96	100	96		
3	Jen Gale	W70	DVO	<b>363/4</b>		91	93	89	93	82	
4	Christine Middleton	W70	DVO	<b>275/3</b>	89					86	100
5	Viv Macdonald	W65	DVO	<b>274/3</b>	90			93		91	
6	Margaret Keeling	W70	DVO	<b>267/3</b>		89	89				89
7	Pauline Ward	W70	DVO	<b>265/3</b>	87					87	91
8	Judith Holt	W65	DVO	<b>189/3</b>	93		0				96
9	Diane Ford	W70	LEI	<b>164/2</b>						77	87
10	Ann Armistead	W65	DVO	<b>88/1</b>	88						

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### East Midlands Urban League 2018

The events for the EM Urban League for 2018 are shown below. The scoring is the best 4 out of 8 events to count.

1	DVO	Buxton	01-Jan
2	NOC	Southwell	29-Feb
3	LEI	Quorn	10-Jun
4	LOG	Skegness	24-Jun
5	LOG	Lincoln City	19-Aug
6	NOC	Nottingham (TBC)	16-Sep
7	LEI	Shepshed	07-Oct
8	DVO	Oakwood	19-Dec



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### East Midlands League 2017

The current standings for the East Midlands League 2017 are shown below. As usual it is the top 8 scores that count. These are the events which make up the league so far.

1 - Bagworth Common (LEI)	2 - Stapleford Woods (LOG)	3 - Harlow Wood (NOC)
4 - Beacon Hill (LEI)	5 - Lindop (DVO)	6 - Silverhill Wood (NOC)
7 - Irchester (LEI)	8 - Crich Chase (DVO)	9 - Calke Abbey (DVO)
10 - Longstone Moor (DVO)	11 - Kedleston Hall (DVO)	12 - Burrough Hill (LEI)
13 - Shirebrook Wood (NOC)		

The following are the future events planned for the League in 2017:

17<sup>th</sup> December - LEI - Outwoods

Here is the League status top 10s for those who have more than one thousand points:

#### White - Male

Forename	Surname	Club	Age								Best 8	
Felix	Jarvis	LEI	10	1000-2	409-4	1000-6	598-8	1000-11	1000-12	1000-	5007	1



## EMEWS

											13		
Daniel	Glover	LEI	12	1000-4	1000-8							2000	2
Rory	Squire	NOC	10	639-4	890-8							1529	3=
George	Powell	DVO	6	586-3	943-9							1529	3=

### White - Female

Cerys	Glover	LEI	10	1000-1	1000-4	1000-8	1000-9	4000	1
Connie	Brocklehurst	DVO	10	1000-5	638-8	1000-11		2638	2

### Yellow - Male

Josh	Bones	LOG	10	1000-2	1000-3	700-4	692-7	478-8	596-9	1000-11	1000-13	6466	1
George	Rennie	LEI	10	794-1	573-4	1000-6	1000-7	492-8	625-9	1000-12		5484	2
Ben	Glover	LEI	12	1000-1	1000-4	1000-7	1000-8					4000	3
Leo	Crown	DVO	12	600-8	610-9	1000-10	776-11					2986	4

### Yellow - Female

Robyn	Jarvis	LEI	12	1000-2	1000-3	1000-4	1000-6	1000-8	564-9	501-11	1000-13	7065	1
Sarah	Pennell	DVO	55	1000-7	613-8							1613	2
Alexa	Lindsay	DVO	12	586-9	1000-11							1586	3

### Orange - Male

Brian	Ward	DVO	80	1000-3	358-4	1000-10	2358	1
Ben	Mackervoy	DVO	14	1000-8	787-9		1787	2
Leo	Crown	DVO	12	957-4	537-5		1494	3

### Orange - Female

Hannah	Mather	LOG	12	805-1	1000-2	571-4	837-8	909-9	1000-10	1000-13	6122	1
Daisy	Rennie	LEI	12	1000-1	1000-4	953-6	1000-7	1000-9			4953	2
Alice	Crane	DVO	16	917-6	1000-8						1917	3

### Light Green - Male

Jake	O'Donnell	DVO	12	960-1	1000-2	1000-3	982-4	1000-5	1000-7	1000-8	6942	1
Ben	Squire	NOC	14	1000-4	959-8	1000-12					2959	2
Ben	O'Donnell	DVO	14	697-1	420-3	590-5	973-8				2680	3
Pete	Nash	DVO	60	802-5	573-9	1000-10					2375	4
Joseph	Turner	DVO	14	825-11	1000-13						1825	5
Steve	Hand	DVO	55	498-9	1000-11						1489	6
Rob	Tucker	DVO	65	550-3	915-5						1465	7
Jake	Bayley	DVO	12	719-5	515-9						1234	8

### Light Green - Female

Anne	Cunningham	DVO	50	848-1	885-2	1000-3	1000-4	1000-6	768-8	1000-11	1000-13	7501	1
Clare	Sanders	NOC	35	761-1	1000-2	961-3	759-8	910-10				4391	2
Helen	Rennie	LEI	40	976-1	646-4	929-6	1000-7					3551	3
Nicola	O'Donnell	DVO	45	765-4	911-5	961-10						2637	4
Libby	Barber	LEI	14	830-4	735-9	1000-12						2565	5
Alison	Glover	LEI	35	1000-1	867-4							1867	6

### Short Green - Male

David	Cooke	NOC	65	1000-2	1000-4	1000-5	1000-7	1000-8	1000-9	1000-12	1000-13	8000	1
Kevin	Gallagher	LEI	65	821-2	925-3	979-6	795-7	867-9	938-10	897-11	718-13	6940	2
John	Woodall	NOC	75	747-1	857-3	893-4	819-5	774-7	816-9	744-10	748-12	6398	3
John	Palmer	NOC	70	1000-3	1000-6	855-8	593-8	1000-10	946-11	920-12		6314	4
Laurie	Fluck	LEI	70	588-2	641-3	668-5	644-6	543-7	643-9	695-11	753-12	5175	5
Dave	Radmore	NOC	60	472-2	758-4	620-5	752-6	525-8	543-9	636-11	680-12	4986	6

# EMEWs

Andrew	Breakwell	NOC	70	830-1	667-3	880-9	841-11	993-12	733-13			4944	7
Peter	Leake	LEI	75	1000-1	953-3	687-7	1000-11	805-12				4445	8
Tony	Berwick	DVO	80	654-3	751-4	620-5	591-9	548-10	523-11			3687	9
John	Pickles	NOC	65	700-3	522-4	417-5	362-8	278-9	645-12	445-13		3369	0

## Short Green - Female

Pauline	Ward	DVO	70	951-3	1000-4	854-5	893-6	939-8	873-9	1000-10		6510	1
Helen	Finlayson	DVO	70	1000-5	879-6	915-7	954-9	920-10	1000-13			5668	2
Jen	Gale	DVO	70	945-3	782-6	718-8	827-10	932-12	983-13			5187	3
Sarah	Parkin	DVO	45	602-2	608-3	529-4	584-5	633-8	710-9	694-11	645-12	4360	4
Donna	Hawkins	DVO	55	642-2	687-4	599-6	683-8	680-9	771-12	746-13		4808	5
Maureen	Webb	LEI	60	537-6	815-7	799-9	749-10	990-11	794-13			4684	6
Christine	Middleton	DVO	70	738-1	722-2	1000-3	709-8	847-9				4016	7
Ann	Armistead	DVO	65	1000-1	807-5	776-6	956-9					3539	8
Diane	Ford	LEI	70	703-3	688-4	792-7	638-12	708-13				3529	9
Sophie	Vincent	DVO	16	686-2	970-3	779-10	1000-11					3435	0

## Green - Male

Roger	Edwards	LEI	65	912-1	870-2	983-3	1000-5	911-6	1000-7	904-8	1000-10	7580	1
Andy	Hawkins	DVO	70	859-3	873-4	919-5	849-6	957-7	905-10	910-11	893-12	7165	2
Jeffrey	Baker	LOG	65	719-2	894-3	733-4	956-5	725-6	874-10	778-11	808-13	6487	3
Simon	Ford	LEI	70	1000-1	800-3	1000-4	732-5	761-7	1000-8	835-13		6128	4
Rex	Bleakman	DVO	70	923-2	887-3	860-5	1000-9	734-11	909-12			5313	5
David	Anderson	LEI	75	706-1	630-2	688-3	656-4	889-7	753-9	769-12		5091	6
Andy	Portsmouth	LEI	60	624-4	744-5	648-6	675-8	665-9	665-10	679-11		4700	7
Dave	Skidmore	DVO	70	822-1	762-2	829-3	769-4	788-6	656-12			4626	8
Jake	O'Donnell	DVO	12	769-9	791-10	976-11	1000-12	903-13				4439	9
Peter	Chick	LEI	70	592-1	740-3	676-7	627-9	705-10	575-13			3915	0

## Green - Female

Amanda	Roberts	LOG	55	948-1	1000-3	1000-5	938-6	1000-7	979-8	998-10	1000-13	7863	1
Ruth	Ellis	DVO	65	855-1	941-2	786-3	934-6	790-7	872-8	855-10	863-11	6896	2
Jane	Burgess	DVO	60	795-1	1000-2	793-4	909-6	764-7	871-8	776-11	797-13	6705	3
Viv	Macdonald	DVO	65	750-1	949-2	862-6	789-7	718-8	1000-10	932-13		6000	4
Ursula	Williamson	LEI	55	800-2	796-3	687-4	782-5	829-6	739-7	772-8		5405	5
Rachel	Davis	DVO	50	674-1	570-3	671-4	803-6	715-8	592-9	740-11	617-12	5382	6
Helen	Parkinson	NOC	50	915-2	747-3	709-4	562-5	701-9	910-10	802-11		5346	7
Margaret	Keeling	DVO	70	649-1	814-3	750-4	668-5	839-6	802-11	639-12		5161	8
Jane	Dring-Morris	LEI	45	731-2	632-3	613-4	629-5	585-7	562-9	604-11	620-13	4976	9
Liz	Godfree	DVO	65	1000-4	860-5	1000-6	1000-9	1000-11				4860	0

# EMEW5

## Blue - Male

Chris	Bosley	LEI	70	913-2	918-5	933-6	900-7	871-9	992-10	899-12	955-13	7381	1
Paul	Hudson	NOC	55	787-1	830-2	884-3	781-4	780-5	899-6	935-11	790-13	6686	2
Ian	Wilson	LEI	50	815-1	888-2	778-3	809-4	849-5	824-6	830-9	794-12	6587	3
Derek	Gale	DVO	70	712-1	833-3	710-4	839-7	879-10	872-12	871-13		5716	4
Alastair	Paterson	LEI	50	645-1	627-4	604-5	794-7	654-9	719-10	734-12	737-13	5514	5
John	Worth	LEI	50	702-2	678-4	643-6	637-7	683-8	717-9	759-12	677-13	5496	6
David	Vincent	DVO	55	827-2	908-3	820-4	871-8	878-10	925-11			5229	7
Robert	Parkinson	NOC	60	867-2	799-3	835-4	733-5	920-9	848-10			5002	8
Alastair	Flynn	NOC	18	738-1	634-4	703-5	804-6	614-8	695-9	782-10		4970	9
Mike	Gardner	DVO	55	731-1	673-4	671-5	804-6	811-7	504-8	655-12		4849	0

## Blue - Female

Tanya	Taylor	LOG	45	1000-2	1000-3	1000-5	1000-6	1000-7	997-9	1000-10	1000-13	7997	1
Sal	Chaffey	DVO	50	986-2	980-6	977-8	1000-9	1000-11	1000-12			5943	2
Tracey	Brookes	LEI	50	762-6	798-7	740-8	837-9	915-10	836-11	845-12		5733	3
Alison	Hardy	LEI	50	953-1	1000-4	909-5	926-7	1000-8	868-9			5656	4
Imogen	Wilson	LEI	18	754-1	917-2	928-5	797-12	892-13				4288	5
Liz	Heaton	LEI	35	791-2	659-4	618-7	604-8	755-11	721-12			4148	6
Jessica	Dring-Morris	LEI	18	692-1	666-2	713-3	830-5					2901	7
Trish	Lydon	LEI	45	806-4	791-7	877-13						2474	8
Elizabeth	Bedwell	DVO	20	868-5	714-9	718-11						2300	9
Esther	Revell	LEI	21	537-3	626-4	671-8						1834	0

## Brown - Male

Richard	Parkin	DVO	45	906-2	951-3	1000-6	1000-8	987-9	909-10	940-12	971-13	7664	1
Jamie	Rennie	LEI	45	855-1	870-4	910-6	1000-7	937-8	920-9	906-12		6398	2
Stephen	Chafer	LEI	50	756-1	810-5	858-6	801-7	653-8	821-11	653-12	814-13	6157	3
Ian	Wells	RAF O	60	587-2	730-4	802-5	739-6	780-7	615-8	875-11	868-13	5996	4
Robert	Smith	DVO	50	832-1	881-3	849-4	894-5	844-8	984-11			5284	5
Joe	Taunton	NOC	21	850-1	811-2	924-3	669-8	775-10	908-13			4937	6
Francesco	Lari	DVO	50	874-5	866-6	1000-9	801-10	897-13				4438	7
Edward	Young	LEI	45	797-1	877-4	885-9	861-12					3420	8
David	Bennett	DVO	40	709-3	885-9	728-10	1000-11					3322	9
Ben	Beresford	NOC	21	742-2	974-5	846-6	744-10					3306	0

## Brown - Female

Julie	Ferris	LEI	50	1000-4	1000-6	1000-7	1000-8	1000-9	1000-12	1000-13	7000	1
Helen	Chiswell	DVO	40	1000-1	1000-2	910-4	983-6	750-8	786-9		5429	2
Sally	Calland	RSOC	40	1000-3	950-4	912-8	826-13				3688	3
Liz	Heaton	LEI	35	933-1	798-3	723-9					2454	4

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## East Midlands League 2018

The following are the future events planned for the League in 2018:

7 <sup>th</sup> January - NOC - Strawberry Hill	14 <sup>th</sup> January - LEI - Burbage Common
28 <sup>th</sup> January - DVO - Birchen Edge	4 <sup>th</sup> February - LOG - Lincoln S Common
11 <sup>th</sup> February - NOC - Bestwood	25 <sup>th</sup> February - LEI - Cademan (YBT Heat)
4 <sup>th</sup> March - DVO - Linacre	25 <sup>th</sup> March - NOC - Byron's Walk
15 <sup>th</sup> April - DVO - Pleasley Park	22 <sup>nd</sup> April - LEI - Spring Cottage
17 <sup>th</sup> June - DVO - Stanton Moor	14 <sup>th</sup> October - DVO - Grange Wood
4 <sup>th</sup> November - NOC - Nottingham (TBC)	25 <sup>th</sup> November - LEI - Bradgate Park
30 <sup>th</sup> December - LEI - Castle Hill	

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## Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Details on entry are normally available on the club sites. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age related courses and are normally entered in advance.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

## December

Sat 2 <sup>nd</sup>	Southern Night Championships	B	<a href="#">TVOC</a>	SC	<a href="#">Penn and Common Wood</a>	High Wycombe	<a href="#">SU923957</a>
Sat 2 <sup>nd</sup>	Santa's Novelty Christmas Activity	Act	<a href="#">LEI</a>	EM	<a href="#">Aylestone Park</a>	Leicester	
Sun 3 <sup>rd</sup>	Regional Event	C	<a href="#">AIRE</a>	YH	<a href="#">Middleton Woods</a>	Ilkley	<a href="#">SE118484</a>
Sun 3 <sup>rd</sup>	SCOL4 TVOC Level C & Regional Event	C	<a href="#">TVOC</a>	SC	<a href="#">Penn and Common Wood</a>	High Wycombe	<a href="#">SU923957</a>
Sun 3 <sup>rd</sup>	OD Club Champs & WMOA League Event 11 - Hay Wood	C	<a href="#">OD</a>	WM	Hay Wood, Baddesley Clinton	Baddesley Clinton	
Sun 3 <sup>rd</sup>	East Midlands Urban League	C	<a href="#">NOC</a>	EM	<a href="#">The University of Nottingham &amp; Wollaton East</a>	Nottingham	
Mon 4 <sup>th</sup>	Monday Club Night	Act	<a href="#">LEI</a>	EM	<a href="#">Groby Community College</a>	Leicester	
Thu 7 <sup>th</sup>	Thursday Club Night	Act	<a href="#">LEI</a>	EM	<a href="#">Glenfield Sports Pavillion</a>	Leicester	
Thu 7 <sup>th</sup>	Tech training	Act	<a href="#">LOG</a>	EM	<a href="#">Hartsholme</a>	Lincoln	
Sat 9 <sup>th</sup>	YHOA Night League	C	<a href="#">HALO</a>	YH	<a href="#">Beverley Westwood</a>	Beverley	
Sat 9 <sup>th</sup>	WAOC colour coded night event	D	<a href="#">WAOC</a>	EA	Wimpole Estate	Arrington	
Sun 10 <sup>th</sup>	Regional Event	C	<a href="#">HALO</a>	YH	<a href="#">Beverley Westwood</a>	Beverley	

## EMEWS

Sun 10 <sup>th</sup>	East Midlands Championships at Eyam Moor	B	<a href="#">DVO</a>	EM	<a href="#">Eyam Moor &amp; Bretton Clough</a>	Grindleford	
Sun 10 <sup>th</sup>	HOC WMOA Urban League	C	<a href="#">HOC</a>	WM	Castle Vale	Birmingham	
Sun 10 <sup>th</sup>	NOR colour coded & EAL event	C	<a href="#">NOR</a>	EA	<a href="#">Lynford</a>	Thetford	<a href="#">TL817990</a>
Thu 14 <sup>th</sup>	Club Christmas Social	Act	<a href="#">LOG</a>	EM	<a href="#">Dog &amp; Bone</a>	Lincoln	
Sat 16 <sup>th</sup>	OD Local Event - Elmdon Park	D	<a href="#">OD</a>	WM	<a href="#">Elmdon Country Park</a>	Solihull	<a href="#">SP161828</a>
Sat 16 <sup>th</sup>	Whitworth Park	D	<a href="#">DVO</a>	EM	<a href="#">Whitworth Park, Darley Dale</a>	Matlock	
Sun 17 <sup>th</sup>	YHOA Superleague	C	<a href="#">SYO</a>	YH	<a href="#">Blacka and Totley Moors</a>	Sheffield	<a href="#">SK296790</a>
Sun 17 <sup>th</sup>	Regional Event	B	<a href="#">SN</a>	SE	<a href="#">Ash Ranges</a>	South East	
Sun 17 <sup>th</sup>	East Midlands League and LOG Club Champs	C	<a href="#">LEI</a>	EM	<a href="#">Outwoods</a>	Loughborough	<a href="#">SK516176</a>
Sat 23 <sup>rd</sup>	YHOA Night League	C	<a href="#">EPOC</a>	YH	<a href="#">Ogden Water</a>	Halifax	
Sun 24 <sup>th</sup>	Regional Event	C	<a href="#">EPOC</a>	YH	<a href="#">Ogden Water</a>	Halifax	
Thu 28 <sup>th</sup>	LEI Winter League 4	D	<a href="#">LEI</a>	EM	<a href="#">Fosse Meadows Night Event</a>	Leicester	<a href="#">SK489910</a>
Sat 30 <sup>th</sup>	Regional Event	C	<a href="#">EBOR</a>	YH	Skipwith	York	
Sat 30 <sup>th</sup>	OD Christmas Relays	D	<a href="#">OD</a>	WM	<a href="#">Rough Close Scout Camp</a>	Coventry	<a href="#">SP264780</a>

## January

Mon 1 <sup>st</sup>	East Midlands Urban League 2018	C	<a href="#">DVO</a>	EM	Buxton	Buxton	SK053733
Mon 1 <sup>st</sup>	Laurie Bradley Trophy	D	<a href="#">WCH</a>	WM		Hednesford	
Wed 3 <sup>rd</sup>	LEI Winter League 5	D	LEI	EM	Sence Valley Night Event	Coalville	SK404113
Sat 6 <sup>th</sup>	MDOC New Year Charity Event	D	<a href="#">MDOC</a>	NW	<a href="#">Lyme</a>	Disley	<a href="#">SJ964823</a>
Sun 7 <sup>th</sup>	East Midlands League 2018	C	NOC	EM	Strawberry Hill	Mansfield	SK580600
Thu 11 <sup>th</sup>	Urban night training	Act	<a href="#">LOG</a>	EM	<a href="#">Birchwood</a>	Lincoln	
Sat 13 <sup>th</sup>	OD Local Event - Daventry Country Park	D	OD	WM	Daventry Country Park	Daventry	SP575629
Sat 13 <sup>th</sup>	Lea Green	D	DVO	EM	Lea Green Dev Centre, Lea	Matlock	
Sun 14 <sup>th</sup>	Regional Event	C	SYO	YH	Rivelin	Sheffield	
Sun 14 <sup>th</sup>	East Midlands League 2018	C	LEI	EM	Burbage Common	Hinckley	<a href="#">SP447953</a>
Thu 18 <sup>th</sup>	Tech night training	Act	<a href="#">LOG</a>	EM	<a href="#">Greetwell Hollow</a>	Lincoln	
Sat 20 <sup>th</sup>	UK Urban League	C	EUOC	SOA		Edinburgh	
Sat 20 <sup>th</sup>	YHOA Night League	C	<a href="#">EBOR</a>	YH		York	
Sat 20 <sup>th</sup>	TVOC Level C Regional Event	D	TVOC	SC	RAF Halton & Wendover Woods	Wendover	
Sat 20 <sup>th</sup>	LEI Winter League 6	D	LEI	EM	Moirs Furnace	Ashby	SK313152
Sat 20 <sup>th</sup>	BOK Regional Event	C	BOK	SW	Yoxter Ranges	Wells	ST511543
Sun 21 <sup>st</sup>	HAVOC Harts Wood Colour Coded event	C	HAVOC	EA	Harts Wood	Brentwood	<a href="#">TQ606929</a>

# EMEWS

Sun 21 <sup>st</sup>	WML TBC	D	HOC	WM	Kinver	Kinver	SO836826
Wed 24 <sup>th</sup>	OD Local After Dark Event - Burton Dasset	D	<a href="#">OD</a>	WM	<a href="#">Burton Dasset Country Park</a>	Southam	<a href="#">SP394520</a>
Sun 28 <sup>th</sup>	BKO Concorde Chase	B	BKO	SC	Star Posts	Camberley	
<b>Sun 28<sup>th</sup></b>	<b>East Midlands League 2018</b>	<b>C</b>	<b>DVO</b>	<b>EM</b>	<b>Birchen Edge</b>	<b>Bakewell</b>	<b>SK277721</b>
Sun 28 <sup>th</sup>	YHOA Middle Distance Championships	C	EPOC	YH	Storthes Hall	Huddersfield	
Sun 28 <sup>th</sup>	Baddow Ridge, SOS Colour coded and ESSOL	C	SOS	EA	Baddow Ridge	Chelmsford	TL770063
<b>Tue 30<sup>th</sup></b>	<b>LEI Winter League 7</b>	<b>D</b>	<b>LEI</b>	<b>EM</b>	<b>Outwoods Night Event</b>	<b>Loughborough</b>	<b>SK514159</b>

## February

Thu 1 <sup>st</sup>	MDOC Night Street League 7	D	<a href="#">MDOC</a>	NW	Chapel en le Frith streets	Chapel en le Frith	
Sat 3 <sup>rd</sup>	SE Middle Distance Champs	C	<a href="#">GO</a>	SE	<a href="#">Chapel Common</a>	Rake	
Sat 3 <sup>rd</sup>	Triple Gloucester Weekend - Middle Distance	C	<a href="#">NGOC</a>	SW	<a href="#">Mallards Pike</a>	Coleford, Forest of Dean	<a href="#">SO619121</a>
Sat 3 <sup>rd</sup>	Triple Gloucester Weekend - Night Sprint	C	<a href="#">NGOC</a>	SW	<a href="#">Chepstow</a>	Chepstow	<a href="#">ST533939</a>
<b>Sat 3<sup>rd</sup></b>	<b>Holmebrook</b>	<b>D</b>	<b>DVO</b>	<b>EM</b>	<b><a href="#">Holmebrook Valley Country Park, Water Meadow Lane</a></b>	<b>Chesterfield</b>	
Sun 4 <sup>th</sup>	YHOA Superleague Middle Distance	C	<a href="#">AIRE</a>	YH	Calverley	Leeds	
<b>Sun 4<sup>th</sup></b>	<b>East Midlands League 2018</b>	<b>C</b>	<b>LOG</b>	<b>EM</b>	<b>Lincoln South Common</b>	<b>Lincoln</b>	<b><a href="#">SK977698</a></b>
Sun 4 <sup>th</sup>	Triple Gloucester Weekend - Long Distance Galoppen	C	<a href="#">NGOC</a>	SW	<a href="#">Mallards Pike</a>	Coleford, Forest of Dean	<a href="#">SO619121</a>
Sun 4 <sup>th</sup>	WML Event #2	D	<a href="#">WCH</a>	WM	Brindley Heath	Stafford	
Sat 10 <sup>th</sup>	OD Local Event - Everdon Stubbs	D	<a href="#">OD</a>	WM	<a href="#">Everdon Stubbs</a>	Daventry	<a href="#">SP606562</a>
Sun 11 <sup>th</sup>	MV SE League event	B	<a href="#">MV</a>	SE	South Ashdown	East Grinstead	
<b>Sun 11<sup>th</sup></b>	<b>East Midlands League 2018</b>	<b>C</b>	<b>NOC</b>	<b>EM</b>	<b><a href="#">Bestwood Country Park</a></b>	<b>Nottingham</b>	<b><a href="#">SK566473</a></b>
Sun 11 <sup>th</sup>	WAOA High Ash	C	<a href="#">WAOA</a>	EA	<a href="#">High Ash</a>	Thetford	<a href="#">TL813968</a>
<b>Wed 14<sup>th</sup></b>	<b>LEI Winter League 8</b>	<b>D</b>	<b>LEI</b>	<b>EM</b>	<b><a href="#">Beacon Hill</a></b>	<b>Loughborough</b>	<b><a href="#">SK521148</a></b>
Sat 17 <sup>th</sup>	OD Local Night Event - Hartshill Hayes	D	<a href="#">OD</a>	WM	<a href="#">Hartshill Hayes Country Park</a>	Nuneaton	<a href="#">SP317942</a>
Sat 17 <sup>th</sup>	Northern night championships	C	<a href="#">SROC</a>	NW	<a href="#">Nicky Nook</a>	Garstang	
Sat 17 <sup>th</sup>	Bathpool local event	D	<a href="#">POTOC</a>	WM	<a href="#">bathpool park</a>	Kids Grove	<a href="#">SJ838537</a>
Sun 18 <sup>th</sup>	YHOA Superleague	B	<a href="#">SYO</a>	YH	Tankersley	Sheffield	
Sun 18 <sup>th</sup>	NOR Felbrigg event	B	<a href="#">NOR</a>	EA	<a href="#">Felbrigg</a>	Cromer	
Sun 18 <sup>th</sup>	Lizard Hill WMOAL3	D	<a href="#">WRE</a>	WM	<a href="#">Lizard Hill</a>	Telford	<a href="#">SJ779094</a>
Sat 24 <sup>th</sup>	British Night Championships (UKOL)	A	<a href="#">SWOC</a>	WOA	<a href="#">Merthyr Mawr Warren and Woods</a>	Bridgend	<a href="#">SS872772</a>
<b>Sat 25<sup>th</sup></b>	<b>East Midlands League 2018</b>	<b>C</b>	<b>LEI</b>	<b>EM</b>	<b>Cademan</b>	<b>Ashby</b>	<b><a href="#">SK440181</a></b>



# EMEWS

Sun 25 <sup>th</sup>	BNC Weekend National Event (UKOL) and Welsh League	B	<a href="#">SBOC</a>	WOA	<a href="#">Pembrey Forest, Burrows and Country Park</a>	Llanelli	
Sun 25 <sup>th</sup>	HH SE League event	B	<a href="#">HH</a>	SE	<a href="#">Egypt Woods &amp; Burnham Beeches</a>	Slough	<a href="#">SU951890</a>
Sun 25 <sup>th</sup>	Regional Event	C	<a href="#">EBOR</a>	YH	Birch Hagg	Pickering	
Sun 25 <sup>th</sup>	SUFFOC colour coded	C	<a href="#">SUFFOC</a>	EA	<a href="#">Tunstall (Chillesford)</a>	Woodbridge	<a href="#">TM390536</a>
Sun 25 <sup>th</sup>	UK Urban League	C	RR	SOA	Tweedbank & Melrose (Spr)		

## March

Thu 1 <sup>st</sup>	MDOC Night Street League 9	D	<a href="#">MDOC</a>	NW	Bramhall/Daiventport streets	Bramhall	
Sat 3 <sup>rd</sup>	2018 Welsh League Event (& TBC Yvette Baker Trophy Qualifier and Cwpan Y Ddraig)	C	<a href="#">ERYRI</a>	WOA	Newborough Forest	Newborough, Anglesey	
Sat 3 <sup>rd</sup>	MDOC NW Night Event Brereton Heath	D	<a href="#">MDOC</a>	NW	<a href="#">Brereton Heath Country Park</a>	Holmes Chapel	<a href="#">SJ795654</a>
Sun 4 <sup>th</sup>	<b>East Midlands League 2018</b>	C	<a href="#">DVO</a>	EM	<a href="#">Linacre</a>	<b>Chesterfield</b>	<a href="#">SK340732</a>
Sun 4 <sup>th</sup>	YHOA Championships	C	<a href="#">CLARO</a>	YH	Angram	Harrogate	
Sun 4 <sup>th</sup>	SMOC EAL event	C	<a href="#">SMOC</a>	EA	<a href="#">Aspley Heath</a>	Woburn	<a href="#">SP927352</a>
Sun 4 <sup>th</sup>	CHIG Level C / SWELLEvent	C	<a href="#">CHIG</a>	SE	Epping South	Wanstead	
Sat 10 <sup>th</sup>	OD Local Event and Schools' Championships - Memorial Park	D	<a href="#">OD</a>	WM	<a href="#">Memorial Park</a>	Coventry	<a href="#">SP322772</a>
Sat 10 <sup>th</sup>	<b>Oker Hill</b>	D	<a href="#">DVO</a>	EM	<a href="#">Oker Hill, South Darley</a>	<b>Matlock</b>	
Sun 11 <sup>th</sup>	Compass Sport Cup Heat	B	<a href="#">SYO</a>	YH	Canklow	Rotherham	
Sun 11 <sup>th</sup>	Compass Sport Cup Heat	B	<a href="#">SELOC</a>	NW	Clowbridge	North West	
Sun 11 <sup>th</sup>	CSC Heat - Nesscliffe	B	<a href="#">WRE</a>	WM	<a href="#">Nesscliffe</a>	Shrewsbury	<a href="#">SJ389198</a>
Sun 11 <sup>th</sup>	Compass Sport Cup Heat	B		EA	<a href="#">Shouldham Warren</a>	Kings Lynn	
Sat 17 <sup>th</sup>	<b>Midlands Championships Weekend Middle Distance Event(UKOL)</b>	B	<a href="#">LEI</a>	EM	<a href="#">Irchester Country Park</a>	<b>Wellingborough</b>	<a href="#">SP911658</a>
Sun 18 <sup>th</sup>	<b>Midlands Championships (UKOL)</b>	A	<a href="#">LEI</a>	EM	<a href="#">Belvoir Castle and Estate</a>	<b>Grantham</b>	
Sat 24 <sup>th</sup>	JOK Chasing Sprint	C	<a href="#">JOK</a>	SC	<a href="#">Delamere Forest</a>	Frodsham	<a href="#">SJ546704</a>
Sat 24 <sup>th</sup>	<b>Markeaton Park - Derby Parks Challenge</b>	D	<a href="#">DVO</a>	EM	<a href="#">Markeaton Park</a>	<b>Derby</b>	
Sun 25 <sup>th</sup>	EA Championship, ESSOL & SOS Colour coded, Writtle	B	<a href="#">SOS</a>	EA	Writtle	Chelmsford	
Sun 25 <sup>th</sup>	MDOC Urban (UK Urban League)	B	<a href="#">MDOC</a>	NW		Macclesfield	
Sun 25 <sup>th</sup>	<b>East Midlands League 2018</b>	C	<a href="#">NOC</a>	EM	<a href="#">Byron's Walk</a>	<b>Nottingham</b>	<a href="#">SK513528</a>
Fri 30 <sup>th</sup>	Jan Kjellstrom Orienteering Festival - Sprint (UKOL)	A		WM	<a href="#">MOD Stafford</a>	Stafford	
Sat 31 <sup>st</sup>	Jan Kjellstrom Orienteering Festival Individual 1 (UKOL)	A		WM	Brereton Spurs	Rugeley	

## April

Sun 1 <sup>st</sup>	Jan Kjellstrom Orienteering	A		WM	Beaudesert/Brereton	Stafford	
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# EMEWs

	Festival Individual 2 (UKOL)				Hayes		
Mon 2 <sup>nd</sup>	Jan Kjellstrom Orienteering Festival Relays	A		WM	Beaudesert	Stafford	
Sat 7 <sup>th</sup>	<b>Darley Park - Derby Parks Challenge</b>	D	<a href="#">DVO</a>	EM	<a href="#">Darley Park</a>	Derby	
Sun 8 <sup>th</sup>	Regional Event	C	<a href="#">AIRE</a>	YH	Baildon	Baildon	
Sun 8 <sup>th</sup>	WAOC Urban event	C	<a href="#">WAOC</a>	EA		tba	
Sat 14 <sup>th</sup>	LOC April Weekend National Level Middle Distance	B	<a href="#">LOC</a>	NW	Graythwaite East	Hawkshead	
Sat 14 <sup>th</sup>	(WMUL) Rugby Urban Event (tbc)	D	<a href="#">OD</a>	WM	Rugby Town	Rugby	
Sun 15 <sup>th</sup>	TVOC Chiltern Challenge Regional Event Level B	B	<a href="#">TVOC</a>	SC	<a href="#">Great Hampden and Whiteleaf</a>	Princes Risborough	
Sun 15 <sup>th</sup>	LOC April Weekend National Level Long Distance	B	<a href="#">LOC</a>	NW	Lingmoor	Ambleside	
Sun 15 <sup>th</sup>	<b>East Midlands League 2018</b>	C	<a href="#">DVO</a>	EM	<a href="#">Pleasley Park</a>	Bolsover	<a href="#">SK515650</a>
Sat 21 <sup>st</sup>	Northern Champs Weekend - Urban Event (UKOL)	A	<a href="#">HALO</a>	YH	Thirsk	Thirsk	
Sun 22 <sup>nd</sup>	Northern Championships (UKOL)	A	<a href="#">EBOR</a>	YH	Wass	Thirsk	
Sun 22 <sup>nd</sup>	<b>East Midlands League 2018 &amp; Regional YBT Heat</b>	C	<a href="#">LEI</a>	EM	Spring Cottage	Ashby	
Tue 24 <sup>th</sup>	<b>LEI Summer League 1</b>	D	<a href="#">LEI</a>	EM	<a href="#">Watermead</a>	Leicester	<a href="#">SK602083</a>
Sat 28 <sup>th</sup>	<b>Elvaston Castle - Derby Parks Challenge</b>	D	<a href="#">DVO</a>	EM	<a href="#">Elvaston Castle</a>	Derby	
Sun 29 <sup>th</sup>	HAVOC Colour coded event	C	<a href="#">HAVOC</a>	EA	tba	tba	
Sun 29 <sup>th</sup>	Regional Event	C	<a href="#">SYO</a>	YH	West Haigh	Barnsley	
Sun 29 <sup>th</sup>	<b>East Midlands Urban League 2018</b>	C	<a href="#">NOC</a>	EM	Southwell	Southwell	

## May

Wed 2 <sup>nd</sup>	<b>LEI Summer League 2</b>	D	<a href="#">LEI</a>	EM	<a href="#">Burbage Common</a>	Leicester	<a href="#">SP447953</a>
Sat 5 <sup>th</sup>	Oxford Urban Race	D	<a href="#">OUOC</a>	SC	Blackbird Leys	Oxford	
Sat 5 <sup>th</sup>	<b>Allestree Park - Derby Parks Challenge</b>	D	<a href="#">DVO</a>	EM	<a href="#">Allestree Park</a>	Derby	
Sun 6 <sup>th</sup>	WML Event #4	D	<a href="#">WCH</a>	WM	Mansty Woods	Penkridge	
Thu 10 <sup>th</sup>	<b>LEI Summer League 3</b>	D	<a href="#">LEI</a>	EM	<a href="#">Sence Valley</a>	Ashby	<a href="#">SK404113</a>
Sat 12 <sup>th</sup>	MDOC Urban weekend	D	<a href="#">MDOC</a>	NW		Manchester	
Sun 13 <sup>th</sup>	Regional Event & Yvette Baker Trophy Heat	C	<a href="#">EPOC</a>	YH	<a href="#">Oakwell Hall Country Park</a>	Batley	
Sun 13 <sup>th</sup>	(WML) OD Event - Bentley Wood (tbc)	D	<a href="#">OD</a>	WM	Bentley Woods	Atherstone	
Sun 13 <sup>th</sup>	WAOC Urban Sprint	C	<a href="#">WAOC</a>	EA	Newmarket	Newmarket	
Sun 13 <sup>th</sup>	MDOC Urban weekend	D	<a href="#">MDOC</a>	NW		Manchester	
Tue 15 <sup>th</sup>	<b>LEI Summer League 4</b>	D	<a href="#">LEI</a>	EM	<a href="#">Outwoods</a>	Loughborough	<a href="#">SK514159</a>
Sat 19 <sup>th</sup>	British Orienteering Championships (UKOL)	A	<a href="#">MAROC</a>	SOA	Balmoral	Braemar	
Sun 20 <sup>th</sup>	British Relay Championships	A	<a href="#">MAROC</a>	SOA	Torphantrick	Ballater	
Sun 20 <sup>th</sup>	NOR event	C	<a href="#">NOR</a>	EA		Norfolk	

# EMEWS

Wed 23 <sup>rd</sup>	LEI Summer League 5 and World Orienteering Day Event	D	<a href="#">LEI</a>	EM	<a href="#">Conkers Waterside and Sarah's Wood</a>	Ashby	<a href="#">SK309156</a>
Sat 26 <sup>th</sup>	Scottish Championships Individual (UKOL)	B	<a href="#">INVOC</a>	SOA	Achagour & Dulsie	Inverness-Nairn	
Sat 26 <sup>th</sup>	Tamar Triple Urban Event	B	<a href="#">KERNO</a>	SW	Exeter University	Exeter	
Sat 26 <sup>th</sup>	Whitfield valley -park 2 --tbc	D	<a href="#">POTOC</a>	WM		HANLEY	<a href="#">SJ887508</a>
Sun 27 <sup>th</sup>	Scottish Championships Relays	C	<a href="#">MOR</a>	SOA	<a href="#">Roseisle North</a>	Burghead	
Sun 27 <sup>th</sup>	Tamar Triple (UKOL)	B	<a href="#">DEVON</a>	SW	Braunton Burrows	Barnstaple	
Sun 27 <sup>th</sup>	YHOA Urban League	C	<a href="#">CLARO</a>	YH	Knaresborough	Harrogate	
Mon 28 <sup>th</sup>	Tamar Triple (UKOL)	B	<a href="#">DEVON</a>	SW	Braunton Burrows	Barnstaple	
Mon 28 <sup>th</sup>	York City Race YHOA Urban League	C	<a href="#">EBOR</a>	YH	York	York	
Thu 31 <sup>st</sup>	LEI Summer League 6	D	<a href="#">LEI</a>	EM	<a href="#">Wakerley Great Wood</a>	Leicester	<a href="#">SP960987</a>

## June

Sat 2 <sup>nd</sup>	The Dales Town and Country Weekend / YHOA Superleague	B	<a href="#">AIRE</a>	YH	Kilnsey South	Skipton	
Sun 3 <sup>rd</sup>	The Dales Town and Country Weekend / YHOA Urban League	C	<a href="#">AIRE</a>	YH	Skipton	Skipton	
Sun 3 <sup>rd</sup>	Cumbrian Galoppen - Wythop Valley	C	<a href="#">WCOC</a>	NW	<a href="#">Sale Fell / Ling Fell / Wythop Woods</a>	Cockermouth	<a href="#">NY195287</a>
Sun 3 <sup>rd</sup>	WMUL Event #2	D	<a href="#">WCH</a>	WM	Lichfield City	Lichfield	
Mon 4 <sup>th</sup>	LEI Summer League 7	D	<a href="#">LEI</a>	EM	Bradgate Park	Leicester	
Wed 6 <sup>th</sup>	OD Summer Evening Event - Hartshill Hayes	D	<a href="#">OD</a>	WM	Hartshill Hayes Country Park	Nuneaton	
Sat 9 <sup>th</sup>	British Mixed Sprint Relay	B	<a href="#">NATO</a>	NE	Pegswood	Morpeth	
Sun 10 <sup>th</sup>	Morpeth Fair Day urban (UKOL)	B	<a href="#">NATO</a>	NE	Morpeth	Morpeth	
Sun 10 <sup>th</sup>	SAX Urban Event	B	<a href="#">SAX</a>	SE	Canterbury	Canterbury	
Sun 10 <sup>th</sup>	Regional Event and YHOA School Championships	C	<a href="#">SYO</a>	YH	Sandall Beat	Doncaster	
Sun 10 <sup>th</sup>	East Midlands Urban League 2018	C	<a href="#">LEI</a>	EM	Quorn & Barrow	Loughborough	
Wed 13 <sup>th</sup>	OD Summer Evening Event - Coombe Abbey	D	<a href="#">OD</a>	WM	Coombe Abbey Country Park	Coventry	
Wed 13 <sup>th</sup>	LEI Summer League 8	D	<a href="#">LEI</a>	EM	<a href="#">Brock's Hill</a>	Leicester	<a href="#">SP619997</a>
Sun 17 <sup>th</sup>	East Midlands League 2018	C	<a href="#">DVO</a>	EM	<a href="#">Stanton Moor</a>	Birchover	<a href="#">SK241622</a>
Sun 17 <sup>th</sup>	Highwoods, SOS Colour coded and ESSOL	C	<a href="#">SOS</a>	EA	<a href="#">Highwoods</a>	Colchester	<a href="#">TM001274</a>
Thu 21 <sup>st</sup>	LEI Summer League 9	D	<a href="#">LEI</a>	EM	<a href="#">Burrough Hill</a>	Leicester	<a href="#">SK766114</a>
Sat 23 <sup>rd</sup>	Sea, Sand & Spires W/E plus YUL- Louth	C	<a href="#">HALO</a>	YH	<a href="#">Louth</a>	Louth	
Sat 23 <sup>rd</sup>	Sea, Sand & Spires W/E Sprint - Cleethorpes	C	<a href="#">HALO</a>	YH	Cleethorpes	Cleethorpes	
Sun 24 <sup>th</sup>	Harvester Relays	A	<a href="#">SO</a>	SE	Tilgate Forest	Crawley	

# EMEWS

Sun 24 <sup>th</sup>	East Midlands Urban League 2018	C	<a href="#">LOG</a>	EM	Skegness Town	Skegness	
Tue 26 <sup>th</sup>	LEI Summer League 10	D	<a href="#">LEI</a>	EM	<a href="#">Oakham School</a>	Oakham	<a href="#">SK860091</a>

## July

Sun 1 <sup>st</sup>	Yvette Baker Trophy Final	A	<a href="#">HOC</a>	WM	Arrow Valley Park	Redditch	
Sun 1 <sup>st</sup>	YHOA Urban League	C	<a href="#">EPOC</a>	YH	<a href="#">Halifax</a>	Halifax	
Wed 4 <sup>th</sup>	LEI Summer League 11	D	<a href="#">LEI</a>	EM	<a href="#">Swithland Woods</a>	Loughborough	<a href="#">SK537118</a>
Sun 8 <sup>th</sup>	Sheffield City Race at Cliffhanger (YHOA Urban League)	C	<a href="#">SYO</a>	YH	Sheffield City	Sheffield	
Thu 12 <sup>th</sup>	LEI Summer League 12	D	<a href="#">LEI</a>	EM	<a href="#">Oadby Beacham School</a>	Leicester	<a href="#">SP627993</a>
Sat 14 <sup>th</sup>	Fat Rascal Weekend/YHOA Urban League	C	<a href="#">AIRE</a>	YH	Cliffe Castle	Keighley	
Sat 14 <sup>th</sup>	Staunton Harold - South Derbyshire Challenge	D	<a href="#">DVO</a>	EM	<a href="#">Staunton Harold Reservoir - tbc</a>	Melbourne	
Sun 15 <sup>th</sup>	Fat Rascal Weekend/YHOA Urban League/YHOA Sprint Championships	C	<a href="#">AIRE</a>	YH	Myrtle Park	Bingley	
Tue 17 <sup>th</sup>	LEI Summer League 13	D	<a href="#">LEI</a>	EM	Hanging Hill	Ashby	
Sat 21 <sup>st</sup>	Foremark - South Derbyshire Challenge	D	<a href="#">DVO</a>	EM	<a href="#">Foremark Reservoir - tbc</a>	Ticknall	
Sat 21 <sup>st</sup>	Wolds Mini Marathon	D	<a href="#">LOG</a>	EM		Lincoln	
Wed 25 <sup>th</sup>	LEI Summer League 14	D	<a href="#">LEI</a>	EM	<a href="#">Foxton Locks</a>	Leicester	<a href="#">SP691897</a>
Sun 29 <sup>th</sup>	Lakes 5 Day 1 (UKOL)	B		NW	Silver Howe	Ambleside	
Mon 30 <sup>th</sup>	Lakes 5 Day 2	B		NW	Angle Tarn Pikes	Patterdale	
Tue 31 <sup>st</sup>	Lakes 5 Day 3	B		NW	Harrop Tarn	Keswick	

## August

Wed 1 <sup>st</sup>	Lakes 5 Day Rest Day Urban Race	D	<a href="#">LOC</a>	NW	Ulverston Urban	Ulverston	
Thu 2 <sup>nd</sup>	Lakes 5 Day 4	B		NW	Askham Fell	Pooley Bridge	
Thu 2 <sup>nd</sup>	LEI Summer League 15	D	<a href="#">LEI</a>	EM	<a href="#">Anstey Urban</a>	Leicester	<a href="#">SK550086</a>
Fri 3 <sup>rd</sup>	Lakes 5 Day 5 Middle Distance Event (UKOL)	B	<a href="#">LOC</a>	NW	Graythwaite West	Hawkshead	
Tue 7 <sup>th</sup>	LEI Summer League 16	D	<a href="#">LEI</a>	EM	Martinshaw Woods	Leicester	
Sat 11 <sup>th</sup>	Swadlincote Woodlands - S Derbyshire Challenge	D	<a href="#">DVO</a>	EM	<a href="#">Swadlincote Woodlands - tbc</a>	Swadlincote	
Sun 12 <sup>th</sup>	Stowe Park Middle Distance	C	<a href="#">SMOC</a>	EA	<a href="#">Stowe Park</a>	Buckingham	<a href="#">SP681364</a>
Sun 12 <sup>th</sup>	LEI Summer League 17 and LEI Score Cup	D	<a href="#">LEI</a>	EM	<a href="#">Beacon Hill</a>	Leicester	<a href="#">SK521148</a>
Wed 15 <sup>th</sup>	Ilam Park - National Trust Series	D	<a href="#">DVO</a>	EM	<a href="#">Ilam Park</a>	Ilam	<a href="#">SK131506</a>
Thu 16 <sup>th</sup>	LEI Summer League 18	D	<a href="#">LEI</a>	EM	<a href="#">Glenfield Urban</a>	Leicester	<a href="#">SK539059</a>